

ICU/CICU - Public Health and community Nurse

Experience

Feb '21 - Present	EMERGENCY NGO Onlus – I worked as part of the COVID19 Team during the second peak to ensure good hygiene and public health safety in shelters, and in our COVID19 hub. Together with my team, I now provide holistic care to marginalised people in Milan, ensuring healthcare access and accessibility. We strongly promote the COVID19 vaccination campaign, advocate for global health and social justice.
May '20 – June '20	Pulse Agency ICU Nurse Delivering ICU nursing care in different Hospitals across London's ICU
Oct '19 – Jul '20	International SOS Assistance Centre, London (UK) – Coordinating Nurse Delivering remote medical expertise worldwide. From primary health assistance and medical monitoring to travel/pre-travel medical advice. Working in cooperation with the logistical team I provide aid everywhere in the world from in/out-patient assistance to evacuation and repatriation support. My role includes providing both physical and psychological medical advice to the callers to ensure the safest and best outcome.
Jan '19 – Oct '19	Guy's and St Thomas NHS Trust, London (UK) - ICU Staff Nurse Providing every day holistic care to patients requiring Intensive Care admission for deterioration or post-op close monitoring. Delivering constant care, from Cardiovascular close monitoring and Respiratory support to Psychological reassurance and support to patients and family/next of kin. Key responsibilities: ABCDE body assessment, CPR performance and manual defibrillator use, support to Anaesthetic/Airway trained Doctor in Emergency or Elective intubation, management and administration of sedatives, analgesia, paralysing agents and/or inotropes; Mechanical Ventilation management and monitor, trained and able to perform Blood Sampling and Peripheral Vein Access.
Sept '15–Oct '18	Brighton and Sussex University Hospital NHS Trust, Brighton (UK) Cardiac Intensive Care Nurse Full management of Post Cardiac Surgery patients. Performing close Cardiovascular monitoring and Mechanical Ventilation management aiming for quick extubation within 2 to 4 hours when patient stable. Management and assessment of unstable patient requiring high inotropic support, close Cardiac Output monitoring/Intra-Aortic Balloon Pump, post-op open chest, elective or emergency re-opening in theatre or in Unit. ACLS Trained. Trauma and Orthopaedics Staff Nurse Provided care to polytrauma and spinal injured patients. Performed difficult dressing and log-roll. Learned how to look after patients with mental health problems, drugs misuse history and IV drug users.

Volunteering

Sep '18– Oct '18	Mile91 Medical Clinic, Sierra Leone - Nurse Volunteer My role consisted in performing triage assessment of all the patients gathering to the Clinic, trying to teach the local nurse how to prioritise the urgency of the different patient and creating a priority order for them to be seen by the Doctors. Once assessed by the medical team, I was in charge of drugs administration and dressing of difficult infected wound.
Jan '19 – Feb '21	Help Refugees – CHOOSE LOVE I volunteer at events and temporary shops to sell Help Refugees merchandise and found rise for the Syrian refugees cause.
Dec '19 – Feb '21	Volunteers group EMERGENCY-UK I started volunteering with Emergency-UK to fundraise for the Emergency projects throughout the world and particularly for the current COVI-19 pandemic.
Jul '20 – Aug '20	Nurse volunteer Medecins Du Monde-Ventimiglia I recently started volunteering with MDM in Ventimiglia as they urgently required Nurses registered to the Italian Nursing Council. In Venitmiglia we offer medical care to migrants and refugees rejected at the French border. We move between sites with a mobile clinic to offer medical and psychological support to whoever in need. We cooperate with collective organisation for food distribution and other ONG for legal support. When not possible to treat the patients in the mobile clinic due to the severe medical condition we direct the patients towards the right support with rather bigger ONG present on site or via the Emergency Department/Ambulance.

Education

Sept '20 – Current	MSc in Global Health – Liverpool School of Tropical Medicine
Sept '19-Jan '20	Professional Diploma in Tropical Nursing – London School of Hygiene and Tropical Medicine
Feb '18 – Sep '18	ICU Foundation of Practice- Post graduate 30CFU (Level 7) – Brighton University
Sept '11 – Nov '14	Nursing Degree - Universita' degli Studi di Parma
	<i>Nursing Placements: 1st year - Elderly care 2ND year – Pneumology; General Surgery 3rd year – Out of hospital emergency 118; Paediatric oncoematology; Mental health day hospital and rehabilitation</i>

Language and Computer skills

Italian Mother tongue	Spanish Basic knowledge	Microsoft Office Excellent knowledge
English Excellent knowledge	French Basic understanding	

Hobbies

I played volleyball at high level from 2002 to 2015; I was the captain of my team for 5 years and built strong long-lasting relationship with them. I am very interested in visual Arts, travelling, cultural anthropology and road cycling. I am a passionate city-cyclist, and I am deeply involved in having a minimum-impact lifestyle, which I have improved greatly in the last six years.